

Chili Stew

1 lb. ground beef
1 lb. ground pork
1 lb. chicken

2 bell peppers
1 large potato
1 large onion
8 oz. mushrooms

28 oz. dark kidney beans
28 oz. light kidney beans
1 qt. Ragu chunky "Garden-style" spaghetti sauce

1 cup chopped chili or equivalent amount of ground chili
1 tsp. Cayenne pepper
1 tsp. black pepper
1 tsp. white pepper
1 tsp. paprika
1 tsp. oregano
1 tsp. parsley
½ tsp. sage
1 tsp. rosemary
½ tsp. thyme
1 tsp. basil
1 tsp. garlic
½ tsp. curry powder

Brown the beef and drain
Brown the pork
Dice the chicken and brown

Dice the onion
Dice the potato
Chop the peppers
Chop the mushrooms

Drain the beans if you like

Combine all ingredients in crockpot
Stir well

Cook in crockpot on low for at least 8 hours, stirring
occasionally